

**From:** Tanya Langford [REDACTED]  
**Sent:** Tuesday, 10 December 2024 1:55 PM  
**To:** sentencingcouncil  
**Subject:** My submission

To whom it may concern,  
I wish to submit my opinion to support the appeal to DISALLOW  
Character References for accused perpetrators of all forms of Abuse  
& Violence.

I have experienced F& DV myself & I now support women to recover from the trauma they have endured.

*Tanya Langford BSSc*  
*I Am Woman - Director*  
[I AM WOMAN](#)